

Our Teachers

Nowhere To Go, Nothing To Do: Aimlessness, Creativity, and Healing

When: 3:00pm on Thursday, October 8th to 12:00pm on Monday, October 12th

Where: Compassionate Dharma Cloud Monastery

Viviane Ephraimson-Abt (she/her), True Mountain of Peace, is an educator, interculturalist, mental health professional, and creative. She enjoys building community and fostering well-being. Throughout her career, she has worked with diverse communities, particularly youth and young adults. In 2018, Viviane, True Mountain of Peace, was invited to become a Dharma Teacher in the Plum Village tradition of Engaged Buddhism. She is a co-founder of several sanghas, including [Peaceful Heart Sangha](#) in Fort Collins, the [Colorado Community of Mindful Living](#), the [ARISE Diversity Sangha](#), and [the EMBRACE Sangha](#). Viviane delights in exploring the intersections of mindfulness, creativity, trauma-informed practice, and the natural world, and finds great joy in cultivating belonging, healing, and transformation for all beings. She enjoys sharing life and the sangha with her partner Paul, True Zen Garden. Viviane is deeply grateful for many years she has had with Thích Nhất Hạnh and the global Plum Village community.



Nomi Green (any pronouns), True Source of Virtue, is a Dharma Teacher in the Plum Village tradition who began practicing at age 15 and happily found a true home in Plum Village 20 years ago. Nomi is so grateful to have been ordained by and had the opportunity to study and practice with Zen Master Thich Nhat Hanh and has benefitted greatly from belonging to the Plum Village Community of Engaged Buddhism. Nomi co-founded the [Earth Holder Community](#), the JuBu Sangha, and others and teaches worldwide in the [EMBRACE Sangha](#) among other teaching spaces. Nomi works as a mindfulness-based psychotherapist to help individuals and groups restore nervous system regulation and heal trauma. Living in Santa Fe, NM, with their long time wife of 33 years, Nomi enjoys sitting on the back porch, being in nature, and practicing with and for a world that is generous, kind, and awake.

In addition to our dharma teachers, the retreat will be supported by several experienced practitioners and Order of Interbeing members, including Paul McClure, Lisa Pettitt, Linds Roberts, and Dana Mooney.

The Five Mindfulness Trainings Transmission Ceremony will be offered by Thay Tinh Man, the abbot of the monastery.